



## Afrekaskrá ÍRB

Grein	Methafi í 25m	Tími	Dags	Methafi í 50m	Tími	Dags
<b>Karlar</b>						
25 Skrið	Fannar Snævar Hauksson	KEF 00:11,93	29.11.2022			
50 Skrið	Árni Már Árnason	NJD 00:22,99	19.11.2003	Árni Már Árnason	NJD 00:22,53	6.6.2012
100 Skrið	Órn Arnason	KEF 00:48,57	14.12.2003	Órn Arnason	KEF 00:50,59	23.7.2003
200 Skrið	Kristófer Sigurðsson	KEF 01:49,24	14.11.2014	Birkir Már Jónsson	KEF 01:53,52	19.3.2009
400 Skrið	Kristófer Sigurðsson	KEF 03:51,23	14.11.2014	Þröstur Bjarnason	KEF 04:02,92	05.04.2019
800 Skrið	Þröstur Bjarnason	KEF 08:17,00	14.11.2015	Þröstur Bjarnason	KEF 08:27,55	9.4.2017
1500 Skrið	Þröstur Bjarnason	KEF 15:45,88	20.11.2016	Þröstur Bjarnason	KEF 16:09,24	8.4.2017
25 Bak	Fannar Snævar Hauksson	NJD 00:13,10	29.11.2022			
50 Bak	Órn Arnason	KEF 00:24,47	12.12.2003	Órn Arnason	KEF 00:26,18	26.7.2003
100 Bak	Órn Arnason	KEF 00:51,74	14.12.2003	Órn Arnason	KEF 00:55,47	21.7.2003
200 Bak	Órn Arnason	KEF 01:53,40	11.12.2003	Édvarð Þór Édvarðsson	NJD 02:02,79	16.8.1987
25 Bringa	Kári Snaer Halldórsson	NJD 00:14,47	29.11.2022			
50 Bringa	Árni Már Árnason	NJD 00:27,52	14.5.2009	Árni Már Árnason	NJD 00:28,70	12.4.2012
100 Bringa	Árni Már Árnason	NJD 01:00,32	19.11.2009	Árni Már Árnason	NJD 01:02,51	12.4.2012
200 Bringa	Árni Már Árnason	NJD 02:16,76	15.11.2007	Árni Már Árnason	NJD 02:18,99	1.12.2011
25 Flug	Fannar Snævar Hauksson	NJD 00:12,39	29.11.2022			
50 Flug	Órn Arnason	KEF 00:24,09	2003	Davíð Hildiberg Aðalsteinsson	KEF 00:24,83	9.4.2017
100 Flug	Sindri Þór Jakobsson	NJD 00:53,59	11.11.2009	Sindri Þór Jakobsson	NJD 00:55,67	11.7.2009
200 Flug	Sindri Þór Jakobsson	NJD 01:57,21	12.12.2009	Sindri Þór Jakobsson	NJD 02:02,97	9.7.2009
100 Fjór	Órn Arnason	KEF 00:55,79	2003			
200 Fjór	Órn Arnason	KEF 01:57,01	21.3.2003	Órn Arnason	KEF 02:06,87	2.6.2003
400 Fjór	Órn Arnason	KEF 04:13,03	21.3.2003	Sindri Þór Jakobsson	NJD 04:34,92	13.7.2009

<b>Piltar (16 - 18)</b>						
25 Skrið	Fannar Snævar Hauksson	KEF 00:11,93	29.11.2022	Fannar Snævar Hauksson	NJD 00:24,54	14.05.2022
50 Skrið	Fannar Snævar Hauksson	NJD 00:23,98	24.09.2022	Fannar Snævar Hauksson	NJD 00:53,66	9.04.2022
100 Skrið	Fannar Snævar Hauksson	NJD 01:55,22	12.11.2021	Birkir Már Jónsson	KEF 01:57,98	23.1.2004
200 Skrið	Kristófer Sigurðsson	KEF 03:59,51	14.12.2012	Þröstur Bjarnason	KEF 04:11,63	11.4.2014
400 Skrið	Þröstur Bjarnason	KEF 08:22,53	14.11.2014	Þröstur Bjarnason	KEF 08:36,11	28.6.2014
800 Skrið	Þröstur Bjarnason	KEF 15:51,16	22.11.2013	Þröstur Bjarnason	KEF 16:14,96	7.2.2014
1500 Skrið	Fannar Snævar Hauksson	NJD 00:13,10	29.11.2022			
25 Bak	Fannar Snævar Hauksson	NJD 00:25,28	19.11.2022	Fannar Snævar Hauksson	NJD 00:27,48	09.04.2022
50 Bak	Fannar Snævar Hauksson	NJD 00:55,69	20.11.2022	Guðmundur Leo Rafnsson	NJD 00:58,55	03.06.2023
100 Bak	Fannar Snævar Hauksson	NJD 02:02,15	18.11.2022	Guðmundur Leo Rafnsson	NJD 02:06,61	01.04.2023
200 Bak	Kári Snaer Halldórsson	NJD 00:14,47	29.11.2022			
25 Bringa	Jón Oddur Sigurðsson	NJD 00:28,47	8.12.2001	Jón Oddur Sigurðsson	NJD 00:29,44	07.7.2001
50 Bringa	Jón Oddur Sigurðsson	NJD 01:02,99	3.12.2006	Kári Snaer Halldórsson	NJD 01:07,81	8.04.2022
100 Bringa	Guðni Emisson	KEF 02:17,25	2.12.2006	Gunnar Órn Arnason	NJD 02:25,26	29.5.2009
200 Bringa	Fannar Snævar Hauksson	NJD 00:12,39	29.11.2022			
25 Flug	Fannar Snævar Hauksson	NJD 00:24,55	30.10.2022	Fannar Snævar Hauksson	NJD 00:25,44	29.05.2022
50 Flug	Fannar Snævar Hauksson	NJD 00:55,04	18.11.2022	Fannar Snævar Hauksson	NJD 00:56,69	08.04.2022
100 Flug	Sindri Þór Jakobsson	NJD 00:53,59	11.11.2009	Sindri Þór Jakobsson	NJD 02:07,75	31.7.2009
200 Flug	Fannar Snævar Hauksson	NJD 00:57,32	29.10.2022			
100 Fjór	Sindri Þór Jakobsson	NJD 02:08,32	17.4.2008	Gunnar Órn Arnason	NJD 02:13,39	29.5.2009
200 Fjór	Gunnar Órn Arnason	NJD 04:29,02	19.11.2009	Sindri Þór Jakobsson	NJD 04:41,42	10.7.2008
400 Fjór						

<b>Drengrir (13 &amp; 15)</b>						
25 Skrið	Denas Kazulis	NJD 00:12,66	14.03.2023			
50 Skrið	Fannar Snævar Hauksson	NJD 00:24,94	12.12.2018	Denas Kazulis	NJD 00:25,53	01.04.2023
100 Skrið	Denas Kazulis	NJD 00:54,70	23.06.2023	Denas Kazulis	NJD 00:56,02	10.06.2023
200 Skrið	Denas Kazulis	NJD 01:45,81	24.06.2023	Denas Kazulis	NJD 02:03,72	3.4.2023
400 Skrið	Denas Kazulis	NJD 04:15,46	25.06.2023	Denas Kazulis	NJD 04:25,85	01.04.2023
800 Skrið	Denas Kazulis	NJD 08:54,44	24.06.2023	Denas Kazulis	NJD 09:22,28	11.3.2023
1500 Skrið	Baldvin Sigmarsson	KEF 16:45,55	18.11.2011	Denas Kazulis	NJD 17:40,77	11.3.2023
25 Bak	Fannar Snævar Hauksson	NJD 00:14,18	29.11.2018			
50 Bak	Fannar Snævar Hauksson	NJD 00:28,75	10.11.2018	Fannar Snævar Hauksson	NJD 00:30,00	21.22.04.2018
100 Bak	Fannar Snævar Hauksson	NJD 01:01,81	10.11.2018	Fannar Snævar Hauksson	NJD 01:06,20	21.04.2018
200 Bak	Fannar Snævar Hauksson	NJD 02:16,06	9.11.2018	Daði Rafn Falsson	KEF 02:24,94	01.04.2023
25 Bringa	Nikolai Leo Jónsson	KEF 00:15,46	29.11.2022			
50 Bringa	Nikolai Leo Jónsson	KEF 00:31,56	25.06.2023	Nikolai Leo Jónsson	KEF 00:32,16	02.04.2023
100 Bringa	Nikolai Leo Jónsson	KEF 01:08,55	25.06.2023	Nikolai Leo Jónsson	NJD 01:11,72	01.04.2023
200 Bringa	Nikolai Leo Jónsson	KEF 02:27,20	24.06.2023	Nikolai Leo Jónsson	NJD 02:38,24	03.04.2023
25 Flug	Fannar Snævar Hauksson	NJD 00:13,17	29.11.2018			
50 Flug	Fannar Snævar Hauksson	NJD 00:27,31	11.11.2018	Fannar Snævar Hauksson	NJD 00:28,13	22.04.2018
100 Flug	Fannar Snævar Hauksson	NJD 01:00,32	11.11.2018	Baldvin Sigmarsson	KEF 01:03,53	3.12.2011
200 Flug	Baldvin Sigmarsson	KEF 02:13,08	10.11.2011	Baldvin Sigmarsson	KEF 02:20,62	26.11.2011
100 Fjór	Baldvin Sigmarsson	KEF 01:03,33	10.11.2011			
200 Fjór	Daði Rafn Falsson	KEF 02:13,93	25.06.2023	Daði Rafn Falsson	KEF 02:20,91	2.4.2023
400 Fjór	Baldvin Sigmarsson	KEF 04:41,69	10.11.2011	Daði Rafn Falsson	KEF 04:59,93	26.11.2011

<b>Sveinar (11 &amp; 12)</b>						
25 Skrið	Fannar Snævar Hauksson	NJD 00:14,55	30.11.2016			
50 Skrið	Denas Kazulis	NJD 00:28,99	19.9.2020	Denas Kazulis	NJD 00:30,57	29.2.2020
100 Skrið	Guðni Emisson	KEF 01:02,70	2001	Denas Kazulis	NJD 01:06,61	15.2.2020
200 Skrið	Árni Þór Pálmarsson	KEF 02:17,67	15.12.2021	Árni Þór Pálmarsson	KEF 02:23,99	16.12.2021
400 Skrið	Denas Kazulis	NJD 04:52,56	3.7.2020	Eiríkur Ingi Ólafsson	KEF 05:24,24	26.11.2011
800 Skrið	Gunnar Órn Arnason	NJD 10:10,41	5.11.2004	Eiríkur Ingi Ólafsson	KEF 11:00,40	3.12.2011
1500 Skrið	Gunnar Órn Arnason	NJD 19:04,91	5.11.2004	Eiríkur Ingi Ólafsson	KEF 20:43,28	3.12.2011
25 Bak	Fannar Snævar Hauksson	NJD 00:16,65	30.11.2016			
50 Bak	Fannar Snævar Hauksson	NJD 00:33,83	18.11.2016	Árni Þór Pálmarsson	KEF 00:35,20	16.12.2021
100 Bak	Fannar Snævar Hauksson	NJD 01:11,63	30.10.2016	Denas Kazulis	NJD 01:19,21	15.2.2020
200 Bak	Fannar Snævar Hauksson	NJD 02:34,66	05.11.2016	Denas Kazulis	NJD 02:47,95	16.2.2020
25 Bringa	Kári Snaer Halldórsson	NJD 00:19,05	30.11.2016			
50 Bringa	Guðni Emisson	KEF 00:24,68	2001	Inni Rúnar Árnason	KEF 00:39,86	18.2.2005
100 Bringa	Guðni Emisson	KEF 01:16,89	2001	Gunnar Órn Arnason	NJD 01:24,24	1.5.2004
200 Bringa	Gunnar Órn Arnason	NJD 02:43,38	20.11.2004	Sigmar Marijón Friðriksson	NJD 03:10,77	14.12.2013
25 Flug	Fannar Snævar Hauksson	NJD 00:15,40	30.11.2016			
50 Flug	Guðmundur Óskur Unnarsson	NJD 00:32,24	1995	Gleði Kristján Traustason	NJD 00:33,05	16.12.2021
100 Flug	Hróbjartur Sigurðarson	KEF 01:13,25	30.11.2002	Denas Kazulis	NJD 01:19,37	16.2.2020
200 Flug	Hermann Ragnar Unnarsson	NJD 02:43,27	17.10.1998	Denas Kazulis	NJD 02:54,09	1.3.2020
100 Fjór	Gunnar Órn Arnason	NJD 01:13,67	2.10.2004			
200 Fjór	Gunnar Órn Arnason	NJD 02:34,83	14.11.2004	Árni Þór Pálmarsson	KEF 02:45,91	16.12.2021
400 Fjór	Guðni Emisson	KEF 05:34,90	10.10.2001	Fannar Snævar Hauksson	NJD 05:52,58	15.12.2016

<b>Hnokkar (9 &amp; 10)</b>						
25 Skrið	Denas Kazulis	NJD 00:15,14	29.11.2018			
50 Skrið	Denas Kazulis	NJD 00:31,85	27.10.2018	Denas Kazulis	NJD 00:32,52	18.12.2018
100 Skrið	Denas Kazulis	NJD 01:16,65	22.9.2018	Denas Kazulis	NJD 01:11,67	18.12.2018
200 Skrið	Denas Kazulis	NJD 02:37,07	22.9.2018	Árni Þór Pálmarsson	KEF 02:47,97	12.12.2019
400 Skrið	Denas Kazulis	NJD 05:33,79	22.06.2018	Tristan Þór K Wiium	KEF 05:46,25	8.12.2012
800 Skrið	Denas Kazulis	NJD 11:46,83	24.06.2018	Tristan Þór K Wiium	KEF 12:52,78	24.11.2012
1500 Skrið	Kári Snaer Halldórsson	NJD 24:00,80	5.12.2014	Tristan Þór K Wiium	KEF 24:11,29	24.11.2012
25 Bak	Denas Kazulis	NJD 00:18,39	29.11.2018			
50 Bak	Fannar Snævar Hauksson	NJD 00:39,43	5.12.2014	Denas Kazulis	NJD 00:41,94	10.2.2018
100 Bak	Édvarð Þór Édvarðsson	KEF 01:22,50	1.9.1977	Fannar Snævar Hauksson	NJD 01:29,85	1.11.2014
200 Bak	Denas Kazulis	NJD 02:55,37	27.10.2018	Fannar Snævar Hauksson	NJD 03:15,52	6.12.2014
25 Bringa	Kári Snaer Halldórsson	NJD 00:21,08	9.12.2014			
50 Bringa	Édvarð Þór Édvarðsson	KEF 00:41,00	1.9.1977	Kári Snaer Halldórsson	NJD 00:45,90	6.12.2014
100 Bringa	Ingi Rúnar Árnason	KEF 01:33,96	31.10.2003	Kári Snaer Halldórsson	NJD 01:37,88	6.12.2014
200 Bringa	Ingi Rúnar Árnason	KEF 03:20,28	29.11.2003	Denas Kazulis	NJD 03:35,27	3.3.2018
25 Flug	Denas Kazulis	NJD 00:17,89	29.11.2018			
50 Flug	Clifford Dean Helgason	KEF 00:39,22	5.12.2014	Clifford Dean Helgason	KEF 00:40,71	6.12.2014
100 Flug	Jóhann Árnason	NJD 01:28,67	24.10.1995	Clifford Dean Helgason	KEF 01:30,58	6.12.2014
200 Flug	Tristan Þór K Wiium	KEF 03:27,03	7.12.2012	Clifford Dean Helgason	KEF 03:38,13	6.12.2014
100 Fjór	Denas Kazulis	NJD 01:24,36	24.06.2018			
200 Fjór	Denas Kazulis	NJD 02:58,48	24.11.2018	Denas Kazulis	NJD 03:13,05	4.3.2018
400 Fjór	Tristan Þór K Wiium	KEF 06:36,13	7.12.2012	Tristan Þór K Wiium	KEF 06:39,45	8.12.2012

<b>Snáðar (8 &amp; U)</b>						
25 Skrið	Denas Kazulis	NJD 00:18,62	30.11.2016			
50 Skrið	Lúkas Stephen Dunn	KEF 00:41,46	05.11.2016	Denas Kazulis	NJD 00:46,52	14.02.2016
100 Skrið	Denas Kazulis	NJD 00:39,22	26.11.2016	Denas Kazulis	NJD 01:46,87	16.02.2016
200 Skrið	Denas Kazulis	NJD 03:28,44	27.11.2016	Denas Kazulis	NJD 03:24,97	15.12.2016
400 Skrið	Denas Kazulis	NJD 06:58,18	14.12.2016	Guðmundur Leo Rafnsson	NJD 08:18,11	17.12.2014
800 Skrið						
1500 Skrið						
25 Bak	Lúkas Stephen Dunn	KEF 00:22,19	30.11.2016			
50 Bak	Denas Kazulis	NJD 00:50,37	05.11.2016	Fannar Snævar Hauksson	NJD 00:52,96	22.12.2012
100 Bak	Denas Kazulis	NJD 01:56,57	07.05.2			