



# Afrekaskrá UMFN

Grein	Methafi í 25m	Tími	Dags	Methafi í 50m	Tími	Dags
<b>Karlar</b>						
25 Skríð	Fannar Snævar Hauksson	KEF	00:11,93	29.11.2022		
50 Skríð	Árni Már Arnason	NJD	00:22,29	19.11.2009	Árni Már Arnason	NJD 00:22,53 6.6.2012
100 Skríð	Árni Már Arnason	NJD	00:50,10	19.11.2009	Árni Már Arnason	NJD 00:50,89 6.6.2012
200 Skríð	Sindri Þór Jakobsson	NJD	01:53,04	27.11.2009	Árni Már Arnason	NJD 01:57,25 3.4.2008
400 Skríð	Sindri Þór Jakobsson	NJD	03:54,56	27.11.2009	Sindri Þór Jakobsson	NJD 04:06,14 2.6.2009
800 Skríð	Sindri Þór Jakobsson	NJD	08:21,17	18.3.2010	Sindri Þór Jakobsson	NJD 08:37,87 14.7.2009
1500 Skríð	Sindri Þór Jakobsson	NJD	15:56,25	28.11.2009	Sindri Þór Jakobsson	NJD 16:17,74 5.6.2009
25 Bak	Fannar Snævar Hauksson	NJD	00:13,10	29.11.2022		
50 Bak	Fannar Snævar Hauksson	NJD	00:25,28	19.11.2022	Eðvarð Þór Eðvarðsson	NJD 00:27,45 16.8.1987
100 Bak	Fannar Snævar Hauksson	NJD	00:55,69	20.11.2022	Eðvarð Þór Eðvarðsson	NJD 00:57,70 24.8.1988
200 Bak	Eðvarð Þór Eðvarðsson	NJD	02:00,55	1.7.1991	Eðvarð Þór Eðvarðsson	NJD 02:02,79 16.8.1987
25 Bringa	Kári Snær Halldórsson	NJD	00:14,47	29.11.2022		
50 Bringa	Árni Már Arnason	NJD	00:27,52	14.5.2009	Árni Már Arnason	NJD 00:28,70 12.4.2012
100 Bringa	Árni Már Arnason	NJD	01:00,32	19.11.2009	Árni Már Arnason	NJD 01:02,51 12.4.2012
200 Bringa	Árni Már Arnason	NJD	02:16,76	15.11.2007	Árni Már Arnason	NJD 02:18,99 1.12.2011
25 Flug	Fannar Snævar Hauksson	NJD	00:12,39	29.11.2022		
50 Flug	Sindri Þór Jakobsson	NJD	00:24,42	13.12.2009	Sindri Þór Jakobsson	NJD 00:25,13 8.07.2009
100 Flug	Sindri Þór Jakobsson	NJD	00:53,69	20.11.2009	Sindri Þór Jakobsson	NJD 00:55,67 11.7.2009
200 Flug	Sindri Þór Jakobsson	NJD	01:57,21	12.12.2009	Sindri Þór Jakobsson	NJD 02:02,97 9.7.2009
100 Fjór	Árni Már Arnason	NJD	00:56,77	19.11.2009		
200 Fjór	Sindri Þór Jakobsson	NJD	02:01,96	14.11.2009	Eðvarð Þór Eðvarðsson	NJD 02:10,18 24.9.1988
400 Fjór	Eðvarð Þór Eðvarðsson	NJD	04:28,30	13.12.1986	Sindri Þór Jakobsson	NJD 04:34,92 13.7.2009

<b>Piltar (16 - 18)</b>						
25 Skríð	Fannar Snævar Hauksson	KEF	00:11,93	29.11.2022		
50 Skríð	Fannar Snævar Hauksson	NJD	00:23,19	18.11.2022	Fannar Snævar Hauksson	NJD 00:24,54 14.05.2022
100 Skríð	Fannar Snævar Hauksson	NJD	00:51,56	13.11.2021	Fannar Snævar Hauksson	NJD 00:53,66 09.04.2022
200 Skríð	Fannar Snævar Hauksson	NJD	01:55,22	12.11.2021	Guðmundur Leo Rafnsson	NJD 02:00,37 12.02.2023
400 Skríð	Sindri Þór Jakobsson	NJD	04:00,77	7.11.2008	Sindri Þór Jakobsson	NJD 04:21,93 11.07.2008
800 Skríð	Sindri Þór Jakobsson	NJD	08:29,17	29.11.2008	Sindri Þór Jakobsson	NJD 08:50,88 10.7.2008
1500 Skríð	Sindri Þór Jakobsson	NJD	15:57,19	29.11.2008	Sindri Þór Jakobsson	NJD 16:34,99 11.7.2008
25 Bak	Fannar Snævar Hauksson	NJD	00:13,10	29.11.2022		
50 Bak	Fannar Snævar Hauksson	NJD	00:25,28	19.11.2022	Fannar Snævar Hauksson	NJD 00:27,48 09.04.2022
100 Bak	Fannar Snævar Hauksson	NJD	00:55,69	20.11.2022	Guðmundur Leo Rafnsson	NJD 00:58,55 03.06.2023
200 Bak	Guðmundur Leo Rafnsson	NJD	02:02,15	18.11.2022	Guðmundur Leo Rafnsson	NJD 02:06,61 01.04.2023
25 Bringa	Kári Snær Halldórsson	NJD	00:14,47	29.11.2022		
50 Bringa	Jón Oddur Sigurðsson	NJD	00:28,47	8.12.2001	Jón Oddur Sigurðsson	NJD 00:29,44 7.7.2001
100 Bringa	Jón Oddur Sigurðsson	NJD	01:03,07	2001	Kári Snær Halldórsson	NJD 01:07,81 8.04.2022
200 Bringa	Jón Oddur Sigurðsson	NJD	02:22,55	2001	Gunnar Örn Arnarson	NJD 02:25,26 29.5.2009
25 Flug	Fannar Snævar Hauksson	NJD	00:12,39	29.11.2022		
50 Flug	Fannar Snævar Hauksson	NJD	00:24,55	30.10.2022	Fannar Snævar Hauksson	NJD 00:25,44 29.05.2022
100 Flug	Fannar Snævar Hauksson	NJD	00:55,04	18.11.2022	Fannar Snævar Hauksson	NJD 00:56,69 08.04.2022
200 Flug	Fannar Snævar Hauksson	NJD	02:04,15	29.11.2022	Sindri Þór Jakobsson	NJD 02:07,75 9.1.2008
100 Fjór	Fannar Snævar Hauksson	NJD	00:57,32	29.10.2022		
200 Fjór	Sindri Þór Jakobsson	NJD	02:08,32	17.4.2008	Gunnar Örn Arnarson	NJD 02:13,39 29.5.2009
400 Fjór	Gunnar Örn Arnarson	NJD	04:29,02	19.11.2009	Sindri Þór Jakobsson	NJD 04:41,42 10.7.2008

<b>Drengir (13 &amp; 15)</b>						
25 Skríð	Denas Kazulis	NJD	00:12,66	14.03.2023		
50 Skríð	Fannar Snævar Hauksson	NJD	00:24,94	12.12.2018	Denas Kazulis	NJD 00:25,53 01.04.2023
100 Skríð	Denas Kazulis	NJD	00:54,70	23.06.2023	Denas Kazulis	NJD 00:56,02 10.06.2023
200 Skríð	Denas Kazulis	NJD	01:51,56	24.06.2023	Denas Kazulis	NJD 02:03,62 3.4.2023
400 Skríð	Denas Kazulis	NJD	04:15,46	25.06.2023	Denas Kazulis	NJD 04:25,85 01.04.2023
800 Skríð	Denas Kazulis	NJD	08:54,44	24.06.2023	Denas Kazulis	NJD 09:22,28 11.3.2023
1500 Skríð	Denas Kazulis	NJD	17:20,52	19.11.2022	Denas Kazulis	NJD 17:40,77 11.3.2023
25 Bak	Fannar Snævar Hauksson	NJD	00:14,18	29.11.2018		
50 Bak	Fannar Snævar Hauksson	NJD	00:28,75	10.11.2018	Fannar Snævar Hauksson	NJD 00:30,00 21.22.04.2018
100 Bak	Fannar Snævar Hauksson	NJD	01:01,81	10.11.2018	Fannar Snævar Hauksson	NJD 01:06,20 21.04.2018
200 Bak	Fannar Snævar Hauksson	NJD	02:16,06	9.11.2018	Fannar Snævar Hauksson	NJD 02:27,21 20.04.2018
25 Bringa	Denas Kazulis	NJD	00:16,54	29.11.2022		
50 Bringa	Gunnar Örn Arnarson	NJD	00:32,79	17.11.2006	Gunnar Örn Arnarson	NJD 00:34,39 27.1.2006
100 Bringa	Gunnar Örn Arnarson	NJD	01:10,50	17.11.2006	Gunnar Örn Arnarson	NJD 01:13,52 17.3.2006
200 Bringa	Gunnar Örn Arnarson	NJD	02:27,70	17.11.2006	Gunnar Örn Arnarson	NJD 02:40,28 18.3.2005
25 Flug	Fannar Snævar Hauksson	NJD	00:13,17	29.11.2018		
50 Flug	Fannar Snævar Hauksson	NJD	00:27,31	11.11.2018	Fannar Snævar Hauksson	NJD 00:28,13 22.04.2018
100 Flug	Fannar Snævar Hauksson	NJD	01:00,32	11.11.2018	Fannar Snævar Hauksson	NJD 01:07,37 13.05.2018
200 Flug	Gunnar Örn Arnarson	NJD	02:27,85	22.6.2006	Gunnar Örn Arnarson	NJD 02:39,64 17.2.2006
100 Fjór	Denas Kazulis	NJD	01:04,06	15.04.2023		
200 Fjór	Gunnar Örn Arnarson	NJD	02:17,78	17.11.2006	Gunnar Örn Arnarson	NJD 02:26,23 30.06.06
400 Fjór	Gunnar Örn Arnarson	NJD	04:51,31	17.11.2006	Gunnar Örn Arnarson	NJD 05:19,44 17.2.2006

<b>Sveinar (11 &amp; 12)</b>						
25 Skríð	Fannar Snævar Hauksson	NJD	00:14,55	30.11.2016		
50 Skríð	Denas Kazulis	NJD	00:28,99	19.9.2020	Denas Kazulis	NJD 00:30,57 29.2.2020
100 Skríð	Guðmundur Óskar Unnarsson	NJD	01:03,31	1995	Denas Kazulis	NJD 01:06,61 15.2.2020
200 Skríð	Denas Kazulis	NJD	02:18,74	19.9.2020	Denas Kazulis	NJD 02:34,84 09.02.2019
400 Skríð	Denas Kazulis	NJD	04:52,56	3.7.2020	Sigmar Marjón Fríðriksson	NJD 05:28,24 1.3.2013
800 Skríð	Gunnar Örn Arnarson	NJD	10:10,41	5.11.2004	Sigmar Marjón Fríðriksson	NJD 11:21,81 20.4.2013
1500 Skríð	Gunnar Örn Arnarson	NJD	19:04,91	5.11.2004	Sigmar Marjón Fríðriksson	NJD 21:50,66 20.4.2013
25 Bak	Fannar Snævar Hauksson	NJD	00:16,65	30.11.2016		
50 Bak	Fannar Snævar Hauksson	NJD	00:33,83	5.11.2016	Gísl Kristján Traustason	NJD 00:36,64 16.12.2021
100 Bak	Fannar Snævar Hauksson	NJD	01:11,63	30.10.2016	Denas Kazulis	NJD 01:19,21 15.2.2020
200 Bak	Fannar Snævar Hauksson	NJD	02:34,66	05.11.2016	Denas Kazulis	NJD 02:47,95 16.2.2020
25 Bringa	Kári Snær Halldórsson	NJD	00:19,05	30.11.2016		
50 Bringa	Gunnar Örn Arnarson	NJD	00:37,00	2.10.2004	Denas Kazulis	NJD 00:42,95 15.2.2020
100 Bringa	Gunnar Örn Arnarson	NJD	01:17,52	25.6.2004	Gunnar Örn Arnarson	NJD 01:24,24 1.5.2004
200 Bringa	Gunnar Örn Arnarson	NJD	02:43,38	20.11.2004	Sigmar Marjón Fríðriksson	NJD 03:10,77 14.12.2013
25 Flug	Fannar Snævar Hauksson	NJD	00:15,40	30.11.2016		
50 Flug	Guðmundur Óskar Unnarsson	NJD	00:34,24	1995	Gísl Kristján Traustason	NJD 00:33,05 16.12.2021
100 Flug	Guðmundur Óskar Unnarsson	NJD	01:15,33	1995	Denas Kazulis	NJD 01:19,37 16.2.2020
200 Flug	Hermann Ragnar Unnarsson	NJD	02:43,27	17.10.1998	Denas Kazulis	NJD 02:54,09 1.3.2020
100 Fjór	Gunnar Örn Arnarson	NJD	01:13,67	2.10.2004		
200 Fjór	Gunnar Örn Arnarson	NJD	02:36,83	19.11.2004	Denas Kazulis	NJD 02:45,91 1.3.2020
400 Fjór	Fannar Snævar Hauksson	NJD	05:45,68	14.12.2016	Fannar Snævar Hauksson	NJD 05:52,58 15.12.2016

<b>Hnokkar (9 &amp; 10)</b>						
25 Skríð	Denas Kazulis	NJD	00:15,14	29.11.2018		
50 Skríð	Denas Kazulis	NJD	00:31,85	27.10.2018	Denas Kazulis	NJD 00:32,52 18.12.2018
100 Skríð	Denas Kazulis	NJD	01:14,60	24.11.2018	Denas Kazulis	NJD 01:11,67 18.12.2018
200 Skríð	Denas Kazulis	NJD	02:35,07	24.11.2018	Denas Kazulis	NJD 02:51,14 3.3.2018
400 Skríð	Denas Kazulis	NJD	05:33,79	22.06.2018	Denas Kazulis	NJD 05:50,96 4.3.2018
800 Skríð	Denas Kazulis	NJD	11:46,83	24.06.2018	Fannar Snævar Hauksson	NJD 13:50,43 12.7.2014
1500 Skríð	Kári Snær Halldórsson	NJD	24:00,80	5.12.2014		
25 Bak	Denas Kazulis	NJD	00:18,39	29.11.2018		
50 Bak	Fannar Snævar Hauksson	NJD	00:39,43	5.12.2014	Denas Kazulis	NJD 00:41,94 10.2.2018
100 Bak	Denas Kazulis	NJD	01:25,47	24.11.2018	Fannar Snævar Hauksson	NJD 01:29,85 1.11.2014
200 Bak	Denas Kazulis	NJD	02:55,37	27.10.2018	Fannar Snævar Hauksson	NJD 03:15,52 6.12.2014
25 Bringa	Kári Snær Halldórsson	NJD	00:21,08	9.12.2014		
50 Bringa	Jón Oddur Sigurðsson	NJD	00:43,32	1994	Kári Snær Halldórsson	NJD 00:45,90 6.12.2014
100 Bringa	Gunnar Örn Arnarson	NJD	01:34,81	30.11.2002	Kári Snær Halldórsson	NJD 01:37,88 6.12.2014
200 Bringa	Kári Snær Halldórsson	NJD	03:24,36	5.12.2014	Denas Kazulis	NJD 03:35,27 3.3.2018
25 Flug	Denas Kazulis	NJD	00:17,89	29.11.2018		
50 Flug	Denas Kazulis	NJD	00:40,24	27.10.2018	Denas Kazulis	NJD 00:41,08 10.2.2018
100 Flug	Jóhann Arnason	NJD	01:02,67	24.10.1995	Denas Kazulis	NJD 01:35,49 11.2.2018
200 Flug	Denas Kazulis	NJD	03:31,20	03.02.2018	Fannar Snævar Hauksson	NJD 03:53,58 28.2.2014
100 Fjór	Denas Kazulis	NJD	01:24,36	24.06.2018		
200 Fjór	Denas Kazulis	NJD	02:58,48	24.11.2018	Denas Kazulis	NJD 03:13,05 4.3.2108
400 Fjór	Kári Snær Halldórsson	NJD	07:17,49	10.5.2014	Kári Snær Halldórsson	NJD 06:47,19 17.12.2014

<b>Snáðar (8 &amp; U)</b>						
25 Skríð	Denas Kazulis	NJD	00:18,62	30.11.2016		
50 Skríð	Denas Kazulis	NJD	00:41,98	05.11.2016	Denas Kazulis	NJD 00:46,52 14.02.2016
100 Skríð	Denas Kazulis	NJD	01:39,22	26.11.2016	Denas Kazulis	NJD 01:46,57 10.2.2016
200 Skríð	Denas Kazulis	NJD	03:28,44	27.11.2016	Denas Kazulis	NJD 03:24,97 15.12.2016
400 Skríð	Denas Kazulis	NJD	06:58,18	14.12.2016	Guðmundur Leo Rafnsson	NJD 08:18,11 17.12.2014
800 Skríð						
1500 Skríð						
25 Bak	Denas Kazulis	NJD	00:22,35	30.11.2016		
50 Bak	Denas Kazulis	NJD	00:50,37	05.11.2016	Fannar Snævar Hauksson	NJD 00:52,96 22.12.2012
100 Bak	Denas Kazulis	NJD	01:56,57	07.05.2016	Fannar Snævar Hauksson	NJD 01:55,94 22.12.2012
200 Bak	Denas Kazulis					