



Afreakskrá ÍRB

Grein Methafi í 25m Tími Dags Methafi í 50m Tími Dags

Karlar

25 Skrið	Þróstur Bjarnason	KEF	00:11.96	20.03.2017				
50 Skrið	Órn Arnarson	NJD	00:22.59	19.11.2009	Arni Már Arnason	NJD	00:22.53	6.6.2012
100 Skrið	Órn Arnarson	KEF	00:48.57	14.12.2003	Órn Arnarson	KEF	00:50.59	23.7.2009
200 Skrið	Kristófer Sigurðsson	KEF	01:49.24	14.11.2014	Birkir Már Jónsson	KEF	01:53.52	19.3.2009
400 Skrið	Kristófer Sigurðsson	KEF	03:51.23	14.11.2014	Þróstur Bjarnason	KEF	04:02.92	05.04.2019
800 Skrið	Þróstur Bjarnason	KEF	08:17.00	11/4/2015	Þróstur Bjarnason	KEF	08:27.55	4/9/2017
1500 Skrið	Þróstur Bjarnason	KEF	15:45.88	20.11.2016	Þróstur Bjarnason	KEF	16:09.24	4/8/2017
25 Bak	Davíð Hildiberg Aðalsteinsson	KEF	00:13.64	29.03.2017				
50 Bak	Órn Arnarson	KEF	00:24.47	12.2.2003	Órn Arnarson	KEF	00:26.18	26.7.2003
100 Bak	Órn Arnarson	KEF	00:51.74	14.12.2003	Órn Arnarson	KEF	00:55.47	21.7.2003
200 Bak	Órn Arnarson	KEF	01:53.40	11.12.2003	Eðvarð Þór Eðvarðsson	NJD	02:02.79	16.8.1987
25 Bringa	Kristófer Sigurðsson	KEF	00:14.88	2.4.2014				
50 Bringa	Arni Már Arnason	NJD	00:27.52	14.5.2009	Arni Már Arnason	NJD	00:28.70	12.4.2012
100 Bringa	Arni Már Arnason	NJD	01:00.33	19.11.2009	Arni Már Arnason	NJD	01:02.51	12.4.2012
200 Bringa	Arni Már Arnason	NJD	02:16.76	15.11.2007	Arni Már Arnason	NJD	02:18.99	1.12.2011
25 Flug	Þróstur Bjarnason	KEF	00:13.20	30.11.2016				
50 Flug	Órn Arnarson	KEF	00:24.09	2003				
100 Flug	Sindri Þór Jakobsson	NJD	00:53.59	11.11.2009	Davíð Hildiberg Aðalsteinsson	KEF	00:24.83	4/9/2017
200 Flug	Sindri Þór Jakobsson	NJD	01:32.67	12.12.2009	Sindri Þór Jakobsson	NJD	00:55.67	11.7.2009
100 Fjór	Órn Arnarson	KEF	00:52.90	2003				
200 Fjór	Órn Arnarson	KEF	01:57.91	21.3.2003	Órn Arnarson	KEF	02:06.87	2.6.2003
400 Fjór	Órn Arnarson	KEF	04:13.03	21.3.2003	Sindri Þór Jakobsson	NJD	04:34.92	13.7.2009

Piltar (15 - 17)

25 Skrið	Þróstur Bjarnason	KEF	00:12.38	9.12.2014				
50 Skrið	Guðlaugur Már Guðmundsson	KEF	00:24.30	2001	Kristófer Sigurðsson	KEF	00:25.59	8.12.2012
100 Skrið	Kristófer Sigurðsson	KEF	00:52.78	16.11.2012	Birkir Már Jónsson	KEF	00:53.83	28.7.2003
200 Skrið	Kristófer Sigurðsson	KEF	01:52.73	16.11.2012	Birkir Már Jónsson	KEF	01:57.98	23.1.2004
400 Skrið	Kristófer Sigurðsson	KEF	03:59.51	14.12.2012	Þróstur Bjarnason	KEF	04:11.63	11.4.2014
800 Skrið	Þróstur Bjarnason	KEF	08:25.53	14.12.2014	Þróstur Bjarnason	KEF	08:36.11	28.5.2014
1500 Skrið	Þróstur Bjarnason	KEF	15:51.16	22.11.2013	Þróstur Bjarnason	KEF	16:14.96	7.2.2014
25 Bak	Fannar Snaevær Hauksson	NJD	00:13.91	11.04.2019				
50 Bak	Sindri Þór Jakobsson	NJD	00:26.93	18.4.2008	Davíð Hildiberg Aðalsteinsson	KEF	00:28.94	15.3.2007
100 Bak	Davíð Hildiberg Aðalsteinsson	KEF	00:57.61	1.12.2007	Davíð Hildiberg Aðalsteinsson	KEF	01:01.43	14.4.2007
200 Bak	Davíð Hildiberg Aðalsteinsson	KEF	02:06.78	15.11.2007	Davíð Hildiberg Aðalsteinsson	KEF	02:12.79	14.4.2007
25 Bringa	Kristófer Sigurðsson	KEF	00:15.62	5.12.2012				
50 Bringa	Kristófer Sigurðsson	NJD	00:34.87	2.12.2012	Jón Óddur Sigurðsson	NJD	00:39.44	07.7.2003
100 Bringa	Guðni Emilsson	KEF	01:02.99	3.12.2006	Gunnar Órn Arnarson	NJD	01:08.01	29.5.2009
200 Bringa	Guðni Emilsson	KEF	02:17.25	2.12.2006	Gunnar Órn Arnarson	NJD	02:25.26	29.5.2009
25 Flug	Fannar Snaevær Hauksson	NJD	00:13.28	11.04.2019				
50 Flug	Fannar Snaevær Hauksson	NJD	00:26.08	10.11.2019	Sindri Þór Jakobsson	NJD	00:26.40	15.2.2008
100 Flug	Sindri Þór Jakobsson	NJD	00:55.77	28.11.2008	Sindri Þór Jakobsson	NJD	00:57.75	10.7.2008
200 Flug	Sindri Þór Jakobsson	NJD	02:04.95	29.11.2008	Sindri Þór Jakobsson	NJD	02:07.75	31.7.2008
100 Fjór	Sindri Þór Jakobsson	NJD	00:59.73	3.11.2007				
200 Fjór	Sindri Þór Jakobsson	NJD	02:08.32	17.4.2008	Gunnar Órn Arnarson	NJD	02:13.39	29.5.2009
400 Fjór	Gunnar Órn Arnarson	NJD	04:29.02	19.11.2009	Sindri Þór Jakobsson	NJD	04:41.42	10.7.2008

Drengir (13 & 14)

25 Skrið	Fannar Snaevær Hauksson	NJD	00:12.92	29.11.2018				
50 Skrið	Fannar Snaevær Hauksson	NJD	00:24.94	12.12.2018	Fannar Snaevær Hauksson	NJD	00:26.45	18.12.2018
100 Skrið	Birkir Már Jónsson	KEF	00:56.61	2001	Fannar Snaevær Hauksson	NJD	00:58.56	27.11.2018
200 Skrið	Birkir Már Jónsson	KEF	02:01.72	23.11.2001	Einar Þór Jvarsson	KEF	02:08.76	27.11.2010
400 Skrið	Baldvin Sigmarsson	KEF	04:24.36	25.11.2011	Þróstur Bjarnason	KEF	04:34.28	26.11.2011
800 Skrið	Baldvin Sigmarsson	KEF	08:57.47	18.11.2011	Einar Þór Jvarsson	KEF	09:36.61	18.3.2010
1500 Skrið	Baldvin Sigmarsson	KEF	16:45.55	18.11.2011	Einar Þór Jvarsson	KEF	18:12.33	18.3.2010
25 Bak	Fannar Snaevær Hauksson	NJD	00:14.18	29.11.2018				
50 Bak	Fannar Snaevær Hauksson	NJD	00:28.75	11/10/2018	Fannar Snaevær Hauksson	NJD	00:30.00	22.04.2018
100 Bak	Fannar Snaevær Hauksson	NJD	01:01.81	11/10/2018	Fannar Snaevær Hauksson	NJD	01:06.20	21.04.2018
200 Bak	Fannar Snaevær Hauksson	NJD	02:16.06	11/9/2018	Fannar Snaevær Hauksson	NJD	02:27.21	20.04.2018
25 Bringa	Kári Snaer Halldórsson	NJD	00:16.86	29.11.2018				
50 Bringa	Guðni Emilsson	KEF	00:31.69	22.3.2003	Guðni Emilsson	KEF	00:33.61	11/7.2003
100 Bringa	Gunnar Órn Arnarson	NJD	00:58.69	20.11.2006	Gunnar Órn Arnarson	NJD	01:13.52	17.3.2006
200 Bringa	Gunnar Órn Arnarson	NJD	02:27.70	17.11.2006	Gunnar Órn Arnarson	NJD	02:40.28	18.3.2005
25 Flug	Fannar Snaevær Hauksson	NJD	00:13.17	29.11.2018				
50 Flug	Fannar Snaevær Hauksson	NJD	00:27.31	11/11/2018	Fannar Snaevær Hauksson	NJD	00:28.13	22.04.2018
100 Flug	Baldvin Sigmarsson	NJD	01:00.32	11/11/2018	Baldvin Sigmarsson	KEF	01:03.53	3.12.2011
200 Flug	Baldvin Sigmarsson	KEF	02:13.08	10.11.2011	Baldvin Sigmarsson	KEF	02:20.62	26.11.2011
100 Fjór	Baldvin Sigmarsson	KEF	01:03.33	10.11.2011				
200 Fjór	Baldvin Sigmarsson	KEF	02:17.14	10.11.2011	Baldvin Sigmarsson	KEF	02:23.23	3.12.2011
400 Fjór	Baldvin Sigmarsson	KEF	04:41.69	10.11.2011	Baldvin Sigmarsson	KEF	05:00.21	26.11.2011

Sveinar (11 & 12)

25 Skrið	Fannar Snaevær Hauksson	NJD	00:14.55	30.11.2016				
50 Skrið	Denas Kazulis	NJD	00:28.99	9/19/2020	Denas Kazulis	NJD	00:30.57	2/29/2020
100 Skrið	Guðni Emilsson	KEF	01:02.70	2001	Denas Kazulis	NJD	01:06.61	2/15/2020
200 Skrið	Denas Kazulis	NJD	02:18.74	9/19/2020	Kristófer Sigurðsson	KEF	02:23.47	23.2.2007
400 Skrið	Denas Kazulis	NJD	04:52.56	3.7.2020	Eirkur Ingi Ólafsson	KEF	05:24.34	26.11.2011
800 Skrið	Gunnar Órn Arnarson	NJD	10:10.41	5.11.2004	Eirkur Ingi Ólafsson	KEF	11:00.40	3.12.2011
1500 Skrið	Gunnar Órn Arnarson	NJD	19:04.91	5.11.2004	Eirkur Ingi Ólafsson	KEF	20:43.28	3.12.2011
25 Bak	Fannar Snaevær Hauksson	NJD	00:16.65	30.11.2016				
50 Bak	Fannar Snaevær Hauksson	NJD	00:33.83	11/5/2016	Denas Kazulis	NJD	00:37.62	2/15/2020
100 Bak	Fannar Snaevær Hauksson	NJD	01:11.63	30.10.2016	Denas Kazulis	NJD	01:19.21	2/15/2020
200 Bak	Fannar Snaevær Hauksson	NJD	02:34.66	05.11.2016	Denas Kazulis	NJD	02:47.95	2/16/2020
25 Bringa	Kári Snaer Halldórsson	NJD	00:19.05	30.11.2016				
50 Bringa	Guðni Emilsson	KEF	00:34.68	2001	Ingi Rúnar Arnason	KEF	00:39.86	18.2.2005
100 Bringa	Guðni Emilsson	KEF	01:16.89	2001	Gunnar Órn Arnarson	NJD	01:24.26	13/9.2004
200 Bringa	Gunnar Órn Arnarson	NJD	02:42.83	20.11.2006	Sigmar Marjón Friðriksson	NJD	03:10.77	14.2.2013
25 Flug	Fannar Snaevær Hauksson	NJD	00:15.40	30.11.2016				
50 Flug	Guðmundur Óskar Unnarsson	NJD	00:32.24	1995	Daði Rafn Falsson/Denas Kazulis	KEF	00:35.17	2/15/2020
100 Flug	Hrólfur Sigurðsson	KEF	01:12.35	30.11.2002	Denas Kazulis	NJD	01:19.27	2/16/2020
200 Flug	Hermann Ragnir Unnarsson	NJD	02:43.27	17.10.1998	Denas Kazulis	NJD	02:54.09	3/1/2020
100 Fjór	Gunnar Órn Arnarson	NJD	01:13.67	2.10.2004				
200 Fjór	Gunnar Órn Arnarson	NJD	02:34.83	19.11.2004	Denas Kazulis	NJD	02:45.91	3/1/2020
400 Fjór	Guðni Emilsson	KEF	05:34.90	18.10.2001	Fannar Snaevær Hauksson	NJD	05:52.58	15.12.2016

Hnokkar (9 & 10)

25 Skrið	Denas Kazulis	NJD	00:15.14	29.11.2018				
50 Skrið	Denas Kazulis	NJD	00:31.85	27.10.2018	Denas Kazulis	NJD	00:32.52	18.12.2018
100 Skrið	Denas Kazulis	NJD	01:16.65	9/22/2018	Denas Kazulis	NJD	01:11.67	18.12.2018
200 Skrið	Denas Kazulis	NJD	02:37.07	9/22/2018	Arni Þór Palmason	KEF	02:47.97	12.12.2019
400 Skrið	Denas Kazulis	NJD	05:33.79	22.06.2018	Tristan Þór K Wiium	KEF	05:46.25	8.12.2012
800 Skrið	Denas Kazulis	NJD	11:46.83	24.06.2018	Tristan Þór K Wiium	KEF	12:52.78	24.11.2012
1500 Skrið	Kári Snaer Halldórsson	NJD	24:00.80	5.12.2014	Tristan Þór K Wiium	KEF	24:11.29	24.11.2012
25 Bak	Denas Kazulis	NJD	00:18.39	29.11.2018				
50 Bak	Fannar Snaevær Hauksson	NJD	00:39.43	5.12.2014	Denas Kazulis	NJD	00:41.94	10.2.2018
100 Bak	Eðvarð Þór Eðvarðsson	KEF	01:22.50	1.9.1977	Fannar Snaevær Hauksson	NJD	01:29.85	1.11.2014
200 Bak	Denas Kazulis	NJD	02:55.37	27.10.2018	Fannar Snaevær Hauksson	NJD	03:15.52	6.12.2014
25 Bringa	Kári Snaer Halldórsson	NJD	00:21.08	9.12.2014				
50 Bringa	Eðvarð Þór Eðvarðsson	KEF	00:41.00	1.9.1977	Kári Snaer Halldórsson	NJD	00:45.90	6.12.2014
100 Bringa	Ingi Rúnar Arnason	KEF	01:33.96	31.10.2003	Kári Snaer Halldórsson	NJD	01:37.88	6.12.2014
200 Bringa	Ingi Rúnar Arnason	KEF	03:20.28	29.11.2003	Denas Kazulis	NJD	03:35.27	3.3.2018
25 Flug	Denas Kazulis	NJD	00:17.89	29.11.2018				
50 Flug	Clifford Dean Helgason	KEF	00:39.22	5.12.2014	Clifford Dean Helgason	KEF	00:40.71	6.12.2014
100 Flug	Jóhann Arnason	NJD	01:28.67	24.10.1995	Clifford Dean Helgason	KEF	01:30.58	6.12.2014
200 Flug	Tristan Þór K Wiium	KEF	03:27.03	7.12.2012	Clifford Dean Helgason	KEF	03:38.13	6.12.2014
100 Fjór	Denas Kazulis	NJD	01:24.36	24.06.2018				
200 Fjór	Denas Kazulis	NJD	02:58.48	24.11.2018	Denas Kazulis	NJD	03:13.05	3/4/2018
400 Fjór	Tristan Þór K Wiium	KEF	06:36.13	7.12.2012	Tristan Þór K Wiium	KEF	06:39.45	8.12.2012

Snáðar (8 & U)

25 Skrið	Denas Kazulis	NJD	00:18.62	30.11.2016				
50 Skrið	Lúkas Stephen Dunn	KEF	00:41.46	05.11.2016	Denaz Kazulis	NJD	00:46.52	14.02.2016
100 Skrið	Denas Kazulis	NJD	01:39.22	26.11.2016	Denas Kazulis	NJD	01:46.87	14.02.2016
200 Skrið	Denas Kazulis	NJD	03:28.44	27.11.2016	Denas Kazulis	NJD	03:24.97	15.12.2016
400 Skrið	Denas Kazulis	NJD	06:58.18	14.12.2016	Guðmundur Leo Rafnsson	NJD	08:18.11	17.12.2014
800 Skrið								
1500 Skrið								
25 Bak	Lúkas Stephen Dunn	KEF	00:22.19	30.11.2016				
50 Bak	Denas Kazulis	NJD	00:50.37	05.11.2016	Fannar Snaevær Hauksson	NJD	00:52.96	22.12.2012
100 Bak	Denas Kazulis	NJD	01:56.57	07.05.2016	Fannar Snaevær Hauksson	NJD	01:55.94	22.12.2012