

Results summary

Men, Long Course (50m)

	Distance,Stroke	Pl.	Time	RoundDiff.		Distance,Stroke	Pl.	Time	RoundDiff.
Afrekshópur Vatnaveröld									
Stefán Elías Davíðsson			08/10/2003	081003-4080					
	50 Freestyle	27	28.42	103% PB		100 Freestyle	8	1:01.94	103% PB
	50 Freestyle		30.11	91%		50 Backstroke	13	33.80	124% PB
Már Gunnarsson S12			19/11/1999	191199-2869					
	50 Freestyle		35.76	69%		50 Backstroke		36.36	91%
	50 Freestyle		31.50	88%		100 Backstroke		1:15.75	93%
	100 Freestyle		1:15.48	73%		200 Backstroke	5	2:34.61	105% PB
	100 Freestyle	44	1:05.67	97%		50 Breaststroke		42.83	94%
	200 Freestyle		2:36.27	83%		100 Breaststroke		1:32.51	91%
	400 Freestyle		5:21.67	87%		200 Breaststroke	16	3:12.20	102% PB
	800 Freestyle		10:53.34	89%		50 Butterfly	25	33.52	99%
	1500 Freestyle	10	20:20.20	PB					
Fannar Snævar Hauksson			07/09/2004	070904-3140					
	50 Freestyle		27.46	91%		50 Butterfly	4	27.20	104% PB
	50 Freestyle	3	25.85	102% PB		50 Butterfly		29.24	90%
	100 Freestyle	2	57.37	98%		100 Butterfly	1	1:03.44	98%
	50 Backstroke	5	29.69	99%					
Alexander Logi Jónsson			17/11/2004	171104-3270					
	50 Freestyle		34.13	75%		400 Freestyle		5:01.12	96%
	50 Freestyle		32.44	83%		400 Freestyle	13	4:51.59	103% PB
	100 Freestyle		1:11.97	79%		800 Freestyle	8	10:00.03	PB
	100 Freestyle		1:08.20	88%		100 Butterfly		1:12.24	143% PB
	200 Freestyle		2:28.24	97%		400 Medley	6	5:20.10	139% PB
	200 Freestyle		2:22.16	105% PB					
Aron Fannar Kristínarson			14/06/2003	140603-3330					
	50 Freestyle	15	27.11	104% PB		50 Butterfly		31.08	95%
	50 Backstroke	9	31.69	100%		100 Butterfly		1:11.68	93%
	50 Butterfly	14	30.49	99%		100 Butterfly	3	1:07.51	105% PB
	50 Butterfly		32.81	86%		200 Butterfly	4	2:33.75	99%
Flosi Ómarsson			04/09/2003	040903-2240					
	50 Breaststroke		39.92	98%		200 Breaststroke	5	2:56.78	109% PB
	50 Breaststroke	13	38.33	107% PB		100 Butterfly		1:13.69	93%
	100 Breaststroke		1:25.05	97%		400 Medley	5	5:18.70	95%
Daníel Patrick Riley			20/07/2003	200703-2780					
	50 Butterfly	16	31.11	97%		400 Medley	8	5:34.02	100% PB
	100 Butterfly		1:10.72	103% PB					
Kristófer Sigurðsson			20/11/1995	201195-3149					
	50 Freestyle		25.07	92%		100 Freestyle	2	52.84	96%
Gabriel Þór Sigurmundsson			22/06/2003	220603-2370					
	50 Freestyle	43	30.11	102% PB		50 Breaststroke		39.64	102% PB
	50 Freestyle		31.99	90%		50 Breaststroke	12	38.05	110% PB
	50 Freestyle		31.48	93%		50 Breaststroke		39.84	101% PB
	100 Freestyle		1:08.01	95%		100 Breaststroke		1:24.93	112% PB
	100 Freestyle	17	1:05.11	104% PB		100 Breaststroke	4	1:24.42	113% PB
	200 Freestyle	18	2:23.49	98%		200 Breaststroke	6	2:58.93	112% PB
Gabriel Ari Tryggvarson			07/04/2003	070403-2770					
	50 Freestyle		31.90	82%		100 Freestyle	10	1:03.11	100%
	50 Freestyle		29.80	94%		200 Freestyle	12	2:19.63	110% PB
	50 Freestyle	25	28.21	105% PB		50 Butterfly	18	31.63	102% PB
	100 Freestyle		1:07.60	87%					
Tristan Þór K Wium			13/05/2002	130502-2960					
	50 Freestyle		32.40	85%		100 Backstroke	9	1:19.94	96%
	50 Freestyle	45	30.28	97%		50 Butterfly	21	32.47	104% PB
	100 Freestyle	11	1:06.57	92%		50 Butterfly		34.61	91%
	50 Backstroke	18	36.48	101% PB		100 Butterfly	10	1:14.85	97%
	50 Backstroke		39.59	86%					

Total 84 individual results, average performance: 97.6%
0 new record(s), 32 new personal best(s)
Biggest improvement: Alexander Logi Jónsson, 100 Butterfly 1:12.24

Results summary

Women, Long Course (50m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Framtíðarhópur						
Rebekka Marín Arngeirsdóttir	22/09/2005		220905-2840			
50 Breaststroke	12	40.27	105% PB	100 Breaststroke	4	1:28.12 100%
50 Breaststroke		41.25	100%			
Katla María Brynjarsdóttir	15/04/2007		150407-2650			
50 Freestyle		33.98	102% PB	200 Freestyle		2:33.63 98%
100 Freestyle		1:12.81	101% PB	400 Freestyle	23	5:15.70 99%
Jóhanna Arna Gunnarsdóttir	02/03/2006		020306-2620			
100 Butterfly		1:21.30	112% PB	400 Medley	13	5:59.57 99%
Elísabet Jóhannesdóttir	12/12/2006		121206-3070			
50 Butterfly		35.13	100% PB	200 Medley	1	2:46.63 104% PB
100 Butterfly		1:21.24	104% PB	400 Medley	11	5:53.04 102% PB
Afrekshópur Vatnaveröld						
Karen Mist Arngeirsdóttir	09/02/2000		090200-2320			
50 Breaststroke		36.35	87%	100 Breaststroke		1:16.86 91%
50 Breaststroke	1	33.99	99%	100 Breaststroke	2	1:13.81 99%
50 Breaststroke		34.95	94%	200 Breaststroke	2	2:39.15 100%
Sólveig María Baldursdóttir	04/01/2004		040104-2160			
50 Breaststroke	9	39.55	108% PB	50 Butterfly		37.05 82%
50 Butterfly	17	32.90	105% PB	100 Butterfly	5	1:17.41 89%
Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310			
50 Butterfly	5	30.93	101% PB	100 Butterfly		1:09.75 93%
50 Butterfly		32.42	92%	200 Butterfly	2	2:26.46 95%
100 Butterfly		1:09.32	94%	400 Medley	4	5:22.49 99%
Thelma Lind Einarsdóttir	26/01/2005		260105-3450			
50 Freestyle		33.10	89%	200 Freestyle	2	2:17.37 99%
50 Freestyle		31.52	98%	400 Freestyle		5:01.70 90%
50 Freestyle		31.03	101% PB	800 Freestyle		10:12.63 88%
100 Freestyle		1:09.90	89%	1500 Freestyle	5	19:17.68 PB
100 Freestyle		1:06.49	99%	50 Backstroke		38.19 98%
100 Freestyle	4	1:04.32	106% PB	100 Backstroke		1:19.03 100% PB
200 Freestyle		2:27.33	86%	200 Backstroke	3	2:41.18 99%
Eva Margrét Falsdóttir	05/06/2005		050605-3020			
50 Backstroke		37.21	94%	100 Butterfly		1:13.43 98%
100 Backstroke		1:18.30	94%	200 Medley	1	2:30.09 106% PB
200 Backstroke	2	2:39.23	105% PB	400 Medley	1	5:14.41 110% PB
50 Butterfly		32.87	91%			
Guðný Birna Falsdóttir	04/02/2003		040203-2810			
50 Freestyle		35.89	84%	50 Butterfly		36.83 97%
100 Freestyle		1:15.91	85%	100 Butterfly		1:21.03 96%
200 Freestyle		2:35.73	90%	200 Medley	8	2:49.01 97%
400 Freestyle	22	5:13.77	91%	400 Medley	9	5:52.35 99%
Birna Hilmarsdóttir	27/09/2002		270902-3240			
50 Freestyle		32.76	83%	50 Backstroke		37.35 88%
50 Freestyle		32.08	86%	50 Backstroke		39.29 79%
50 Freestyle	16	29.96	99%	100 Backstroke	10	1:18.41 97%
100 Freestyle		1:09.33	84%	100 Backstroke		1:21.75 90%
100 Freestyle	9	1:08.36	86%	200 Backstroke	4	2:47.81 96%
200 Freestyle	7	2:24.61	91%			
Diljá Rún Ívarsdóttir	01/04/2002		010402-2470			
50 Freestyle		34.74	76%	200 Freestyle	14	2:31.88 96%
50 Freestyle		34.18	79%	50 Backstroke		38.95 84%
100 Freestyle		1:13.45	83%	100 Backstroke	11	1:20.02 93%
100 Freestyle	18	1:12.10	86%			

Eydís Ósk Kolbeinsdóttir	12/10/2000	121000-2960					
50 Freestyle		32.17	80%	400 Freestyle		4:39.73	93%
50 Freestyle		31.10	86%	400 Freestyle	1	4:33.07	97%
100 Freestyle		1:07.53	84%	800 Freestyle	1	9:16.71	99%
100 Freestyle		1:04.69	91%	50 Backstroke	7	33.84	98%
200 Freestyle		2:18.88	89%	50 Butterfly	4	30.90	101% PB
200 Freestyle		2:14.39	95%				
Hafdís Eva Pálsdóttir	03/03/2004	030304-2760					
50 Breaststroke		44.60	84%	100 Breaststroke		1:33.50	92%
50 Breaststroke	16	41.30	98%	100 Breaststroke	7	1:31.43	96%
50 Breaststroke		42.35	94%	200 Breaststroke	6	3:14.81	92%
Sylwia Sienkiewicz	13/06/1999	130699-3089					
50 Butterfly		33.78	81%	200 Butterfly	5	2:39.05	85%
100 Butterfly		1:13.42	83%				
Ásta Kamilla Sigurðardóttir	23/02/2004	230204-2760					
50 Freestyle		34.40	76%	200 Freestyle		2:33.61	86%
50 Freestyle		32.48	85%	200 Freestyle	6	2:27.86	93%
50 Freestyle		31.33	92%	400 Freestyle		5:16.96	93%
50 Freestyle	18	30.20	99%	800 Freestyle	15	10:40.75	97%
100 Freestyle		1:13.64	77%	50 Butterfly	16	32.83	98%
100 Freestyle		1:09.38	87%	50 Butterfly		34.28	90%
100 Freestyle	5	1:05.29	98%	100 Butterfly	2	1:14.10	104% PB

Total 110 individual results, average performance: 93.7%

0 new record(s), 20 new personal best(s)

Biggest improvement: Jóhanna Arna Gunnarsdóttir, 100 Butterfly 1:21.30