

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Ómar Magni Egilsson	26/11/2006		261106-2640			
50 Freestyle	RL		40.88 99%	100 Backstroke		1:38.88 112% PB
50 Freestyle			40.61 100% PB	200 Backstroke	9	3:24.72 98%
100 Freestyle	14		1:25.39 118% PB	100 Medley	15	1:38.38 102% PB
50 Backstroke			46.81 116% PB			
Kári Snær Halldórsson	13/01/2004		130104-3470			
50 Freestyle			34.76 101% PB	100 Backstroke		1:20.60 106% PB
50 Freestyle			35.77 95%	200 Backstroke	7	2:44.21 110% PB
100 Freestyle	27		1:13.27 108% PB	50 Breaststroke		39.84 102% PB
100 Freestyle			1:15.71 101% PB	50 Breaststroke		39.19 105% PB
200 Freestyle	23		2:35.52 108% PB	100 Breaststroke		1:25.16 101% PB
50 Backstroke			38.67 111% PB	100 Breaststroke	5	1:22.65 107% PB
50 Backstroke			38.69 111% PB	200 Breaststroke	3	2:54.73 115% PB
100 Backstroke	12		1:19.46 109% PB			
Fannar Snævar Hauksson	07/09/2004		070904-3140			
50 Freestyle			28.74 110% PB	200 Backstroke	2	2:27.12 111% PB
100 Freestyle	2		1:00.04 120% PB	50 Butterfly		30.99 107% PB
50 Backstroke			32.83 106% PB	50 Butterfly		34.06 88%
50 Backstroke			32.68 107% PB	100 Butterfly	1	1:07.31 114% PB
50 Backstroke			33.14 104% PB	100 Butterfly		1:11.67 100% PB
100 Backstroke			1:09.47 106% PB	100 Butterfly		1:14.38 93%
100 Backstroke	RL		1:10.49 103% PB	200 Butterfly	1	2:39.63 130% PB
100 Backstroke	2		1:08.60 109% PB	400 Medley	3	5:18.94 117% PB
Clifford Dean Helgason	05/09/2004		050904-3180			
50 Freestyle			32.94 106% PB	200 Freestyle	17	2:27.95 111% PB
50 Freestyle			33.31 103% PB	50 Backstroke		39.24 102% PB
100 Freestyle	16		1:07.96 112% PB	100 Backstroke	14	1:19.94 102% PB
100 Freestyle			1:10.33 105% PB			
Denas Kazulis	13/01/2008		130108-2880			
50 Freestyle			39.68 90%	100 Breaststroke	11	1:46.34 103% PB
100 Freestyle			1:23.88 119% PB	200 Breaststroke	10	3:40.82 113% PB
200 Freestyle	14		2:55.78 120% PB	50 Butterfly		47.38 105% PB
50 Breaststroke			50.49 103% PB	100 Medley	10	1:30.52 116% PB
50 Breaststroke			51.14 100%	200 Medley	14	3:17.17 114% PB
100 Breaststroke			1:47.52 101% PB			
Aron Fannar Kristínarson	14/06/2003		140603-3330			
50 Freestyle			29.85 89%	50 Backstroke		32.48 113% PB
50 Freestyle			29.07 94%	50 Backstroke		33.62 105% PB
50 Freestyle			31.11 82%	100 Backstroke	RL	1:08.41 109% PB
100 Freestyle			1:02.17 110% PB	100 Backstroke	1	1:07.98 111% PB
100 Freestyle	RL		1:00.77 115% PB	100 Backstroke		1:10.09 104% PB
100 Freestyle			1:05.27 100%	200 Backstroke	1	2:25.63 121% PB
200 Freestyle			2:15.31 105% PB	50 Butterfly		31.26 115% PB
200 Freestyle	1		2:08.83 116% PB	100 Butterfly		1:12.30 101% PB
400 Freestyle	1		4:36.43 107% PB	100 Butterfly	2	1:09.50 110% PB
50 Backstroke			33.14 108% PB	400 Medley	1	5:09.58 189% PB
Flosi Ómarsson	04/09/2003		040903-2240			
50 Freestyle			33.02 112% PB	50 Breaststroke		40.09 131% PB
100 Freestyle			1:10.65 119% PB	50 Breaststroke		40.88 126% PB
200 Freestyle	12		2:25.27 125% PB	100 Breaststroke		1:24.78 130% PB
50 Backstroke			35.16 119% PB	100 Breaststroke	8	1:27.17 123% PB
50 Backstroke			36.09 113% PB	200 Breaststroke	4	2:54.95 128% PB
100 Backstroke	7		1:13.06 121% PB	100 Butterfly		1:19.91 PB
100 Backstroke			1:16.30 111% PB	400 Medley	6	5:35.33 PB
200 Backstroke	5		2:38.77 113% PB			
Guðmundur Leo Rafnsson	16/08/2006		160806-3540			
50 Freestyle			39.98 90%	50 Backstroke	RL	42.63 118% PB
50 Freestyle			37.12 104% PB	50 Backstroke		46.18 101% PB
100 Freestyle	12		1:24.81 102% PB	100 Backstroke	15	1:35.31 94%
100 Freestyle			1:22.99 106% PB	50 Butterfly		46.15 97%
200 Freestyle	17		3:01.09 103% PB	200 Medley	15	3:19.60 105% PB

Daniel Patrick Riley		20/07/2003	200703-2780				
	50 Freestyle		34.37	99%	100 Breaststroke		1:31.40 86%
	50 Freestyle		32.43	111% PB	100 Breaststroke	7	1:23.64 103% PB
	100 Freestyle	14	1:07.38	114% PB	200 Breaststroke	5	3:05.88 99%
	100 Freestyle		1:12.39	99%	50 Butterfly		34.98 102% PB
	200 Freestyle		2:31.35	101% PB	50 Butterfly		33.11 114% PB
	400 Freestyle	16	5:07.65	107% PB	100 Butterfly		1:14.81 113% PB
	50 Breaststroke		43.39	82%	100 Butterfly	4	1:12.07 122% PB
	50 Breaststroke		39.34	100%	200 Butterfly	2	2:41.47 130% PB
Tristan Þór K Wium		13/05/2002	130502-2960				
	50 Freestyle		31.10	94%	200 Freestyle		2:17.68 101% PB
	50 Freestyle		31.73	91%	200 Freestyle	14	2:12.34 109% PB
	50 Freestyle		29.04	108% PB	400 Freestyle	10	4:41.34 111% PB
	50 Freestyle		29.66	104% PB	50 Butterfly		33.15 100% PB
	100 Freestyle		1:06.03	92%	50 Butterfly		32.75 103% PB
	100 Freestyle		1:04.74	96%	100 Butterfly	13	1:09.18 114% PB
	100 Freestyle	21	1:01.38	107% PB	100 Butterfly		1:13.17 102% PB
	100 Freestyle	RL	1:02.71	102% PB	200 Butterfly	5	2:37.50 104% PB
4 x 50 Freestyle	:	Ómar Magni Egilsson	06	Jakob Ingi Reynisson	06	4	2:29.68
		Denas Kazulis	08	Guðmundur Leo Rafnsson	06		
4 x 100 Freestyle	:	Tristan Þór K Wium	02	Aron Fannar Kristínarson	03	8	4:12.96
		Fannar Snævar Hauksson	04	Sigmar Marijón Friðriksson	01		
		Aron Fannar Kristínarson	03	Daniel Patrick Riley	03	2	4:19.16
		Fannar Snævar Hauksson	04	Clifford Dean Helgason	04		
4 x 50 Medley	:	Guðmundur Leo Rafnsson	06	Ómar Magni Egilsson	06	6	2:54.36
		Denas Kazulis	08	Jakob Ingi Reynisson	06		
4 x 100 Medley	:	Fannar Snævar Hauksson	04	Tristan Þór K Wium	02	7	4:49.00
		Aron Fannar Kristínarson	03	Sigmar Marijón Friðriksson	01		
		Aron Fannar Kristínarson	03	Fannar Snævar Hauksson	04	1	4:44.94
		Kári Snær Halldórsson	04	Flosi Ómarsson	03		

Total 133 individual results, average performance: 107.5%

0 new record(s), 109 new personal best(s)

Biggest improvement: Aron Fannar Kristínarson, 400 Medley 5:09.58

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Pórdís M Aðalsteinsdóttir 15/12/2003 151203-2050						
	50 Freestyle		33.98 96%	200 Freestyle		2:28.05 100%
	50 Freestyle		33.45 99%	400 Freestyle		5:07.13 102% PB
	50 Freestyle		34.17 95%	400 Freestyle	8	4:59.98 107% PB
	50 Freestyle		34.90 91%	800 Freestyle	5	10:14.79 104% PB
	100 Freestyle		1:11.48 98%	50 Butterfly		36.69 101% PB
	100 Freestyle		1:11.67 98%	50 Butterfly		37.00 99%
	100 Freestyle		1:12.80 95%	100 Butterfly		1:20.64 95%
	100 Freestyle	14	1:08.59 107% PB	100 Butterfly	11	1:18.62 100% PB
	200 Freestyle		2:30.90 96%	200 Butterfly	5	2:50.65 98%
	200 Freestyle	14	2:26.76 102% PB			
Pórunn Kolbrún Árnadóttir 23/04/2002 230402-3530						
	50 Freestyle		34.22 90%	200 Freestyle		2:31.36 93%
	50 Freestyle		33.24 96%	200 Freestyle	20	2:27.46 98%
	50 Freestyle		33.50 94%	400 Freestyle		5:22.94 98%
	50 Freestyle		35.33 85%	400 Freestyle	22	5:13.53 104% PB
	100 Freestyle		1:11.08 96%	800 Freestyle	13	10:47.65 103% PB
	100 Freestyle		1:12.32 92%	50 Backstroke		40.35 91%
	100 Freestyle		1:15.26 85%	100 Backstroke	22	1:22.54 99%
	100 Freestyle	31	1:09.34 100% PB	50 Butterfly		35.78 97%
	200 Freestyle		2:37.26 86%	200 Medley	24	2:51.72 106% PB
Bergþóra Sif Árnadóttir 24/08/2005 240805-3750						
	50 Freestyle		33.44 107% PB	200 Freestyle		2:34.28 96%
	50 Freestyle		34.49 100% PB	400 Freestyle	4	5:11.58 105% PB
	50 Freestyle		34.43 101% PB	50 Backstroke		39.65 103% PB
	100 Freestyle	3	1:09.09 107% PB	100 Backstroke	2	1:21.08 106% PB
	100 Freestyle		1:14.09 93%	50 Butterfly		37.61 107% PB
	100 Freestyle		1:13.53 95%	100 Butterfly	2	1:21.70 117% PB
	200 Freestyle	3	2:32.29 99%	100 Medley	5	1:22.26 102% PB
Rebekka Marín Arngeirsdóttir 22/09/2005 220905-2840						
	50 Backstroke		40.82 115% PB	100 Breaststroke		1:40.11 89%
	50 Backstroke		41.26 112% PB	100 Breaststroke	8	1:33.92 101% PB
	100 Backstroke	7	1:25.50 117% PB	200 Breaststroke	10	3:25.45 100% PB
	100 Backstroke		1:25.97 115% PB	50 Butterfly		39.24 113% PB
	200 Backstroke	4	2:56.00 112% PB	100 Medley	11	1:24.06 101% PB
	50 Breaststroke		46.32 94%	200 Medley	6	3:00.49 102% PB
	50 Breaststroke		44.66 101% PB			
Pórey Una Arnlaugsdóttir 11/09/2006 110906-4040						
	50 Freestyle		40.25 92%	200 Freestyle		3:00.30 98%
	50 Freestyle		40.81 89%	400 Freestyle	15	6:01.01 105% PB
	50 Freestyle		41.20 88%	50 Backstroke		44.90 95%
	100 Freestyle	21	1:23.27 103% PB	100 Backstroke	16	1:32.02 105% PB
	100 Freestyle		1:26.13 96%	50 Butterfly		45.28 109% PB
	100 Freestyle		1:27.85 93%	100 Medley	27	1:32.91 105% PB
	200 Freestyle	20	2:53.73 105% PB	200 Medley	15	3:15.74 113% PB
Sólveig María Baldursdóttir 04/01/2004 040104-2160						
	50 Freestyle		32.01 107% PB	100 Breaststroke		1:27.53 107% PB
	50 Freestyle		34.33 93%	100 Breaststroke	2	1:22.57 121% PB
	100 Freestyle	RL	1:06.97 113% PB	200 Breaststroke	2	2:57.88 114% PB
	100 Freestyle		1:11.80 98%	50 Butterfly		32.78 115% PB
	200 Freestyle		2:27.48 110% PB	100 Butterfly		1:15.86 101% PB
	400 Freestyle	5	4:54.91 109% PB	100 Butterfly	2	1:10.79 116% PB
	50 Breaststroke		41.29 111% PB	400 Medley	2	5:30.08 110% PB
	50 Breaststroke		40.12 117% PB			
Gunnhildur Björg Baldursdóttir 02/11/2000 021100-3310						
	50 Backstroke		34.57 101% PB	100 Butterfly		1:07.54 98%
	100 Backstroke		1:13.36 101% PB	100 Butterfly	3	1:06.22 102% PB
	200 Backstroke	3	2:33.43 109% PB	100 Butterfly		1:07.28 99%
	50 Butterfly		30.67 102% PB	200 Butterfly	1	2:22.98 99%
	50 Butterfly		31.32 98%	200 Medley	5	2:30.96 103% PB
	50 Butterfly		31.47 97%	400 Medley	3	5:11.18 102% PB

Katlá María Brynjarsdóttir	15/04/2007	150407-2650					
	50 Freestyle		38.75	107% PB	400 Freestyle	17	6:06.20 109% PB
	50 Freestyle		36.43	121% PB	50 Backstroke		43.84 100% PB
	100 Freestyle		1:24.79	107% PB	100 Backstroke	14	1:30.53 108% PB
	100 Freestyle		1:20.88	117% PB	50 Butterfly		48.75 102% PB
	200 Freestyle	21	2:56.11	111% PB	100 Medley	24	1:32.67 111% PB
200 Freestyle		2:55.86	111% PB	200 Medley	20	3:25.68 100% PB	
Natalía Dögg Brynjarsdóttir	13/12/2007	131207-3280					
	50 Freestyle		44.16	98%	100 Breaststroke		1:54.33 100%
	100 Freestyle		1:35.38	89%	200 Breaststroke	20	3:51.92 103% PB
	200 Freestyle	33	3:13.00	96%	100 Medley	35	1:42.12 93%
50 Breaststroke		55.02	104% PB				
Thelma Lind Einarsdóttir	26/01/2005	260105-3450					
	50 Freestyle	RL	31.72	106% PB	50 Backstroke		37.27 103% PB
	50 Freestyle		32.23	103% PB	50 Backstroke		38.03 99%
	50 Freestyle		33.36	96%	100 Backstroke	1	1:17.08 103% PB
	100 Freestyle	1	1:07.37	101% PB	100 Backstroke		1:19.82 96%
	100 Freestyle		1:09.37	96%	200 Backstroke	1	2:45.03 103% PB
	200 Freestyle	1	2:23.30	109% PB	100 Medley	2	1:17.32 104% PB
50 Backstroke	RL	36.00	110% PB				
Ástrós Elísa Eypórsdóttir	11/06/2002	110602-3320					
	50 Freestyle		31.70	100% PB	100 Breaststroke		1:23.57 98%
	50 Freestyle		33.46	90%	100 Breaststroke	7	1:22.37 101% PB
	100 Freestyle	19	1:05.86	100%	200 Breaststroke	6	2:56.20 95%
	100 Freestyle		1:10.40	87%	50 Butterfly		35.18 98%
	200 Freestyle	14	2:24.18	100% PB	50 Butterfly		35.10 98%
	50 Breaststroke		39.48	100% PB	100 Butterfly	12	1:16.87 105% PB
50 Breaststroke		39.21	102% PB	200 Medley	10	2:39.18 101% PB	
Eva Margrét Falsdóttir	05/06/2005	050605-3020					
	50 Freestyle		33.90	85%	50 Breaststroke		37.56 100% PB
	50 Freestyle		32.04	95%	50 Breaststroke		38.93 93%
	100 Freestyle		1:09.15	96%	100 Breaststroke	1	1:19.93 104% PB
	100 Freestyle		1:12.67	87%	100 Breaststroke		1:24.19 94%
	200 Freestyle		2:26.81	101% PB	200 Breaststroke	1	2:55.07 98%
	200 Freestyle		2:30.37	96%	50 Butterfly		34.34 98%
	400 Freestyle		5:06.14	95%	100 Medley	1	1:12.49 117% PB
	400 Freestyle	1	4:56.75	101% PB	200 Medley	1	2:36.63 105% PB
800 Freestyle	1	10:13.23	165% PB				
Guðný Birna Falsdóttir	04/02/2003	040203-2810					
	50 Freestyle		34.18	96%	400 Freestyle		4:58.80 102% PB
	50 Freestyle		33.98	97%	800 Freestyle	2	10:04.60 102% PB
	50 Freestyle		34.11	96%	50 Breaststroke		42.80 95%
	100 Freestyle		1:11.13	97%	50 Breaststroke		41.66 100%
	100 Freestyle		1:11.21	97%	100 Breaststroke		1:29.37 97%
	100 Freestyle		1:11.41	96%	100 Breaststroke	7	1:27.01 102% PB
	200 Freestyle		2:26.00	102% PB	200 Breaststroke	5	3:03.03 96%
	200 Freestyle	12	2:25.26	103% PB	100 Butterfly		1:19.66 104% PB
	200 Freestyle		2:27.07	100% PB	400 Medley	5	5:37.05 105% PB
	400 Freestyle	3	4:54.27	105% PB			
Jóhanna Arna Gunnarsdóttir	02/03/2006	020306-2620					
	50 Freestyle		37.89	105% PB	100 Backstroke		1:27.08 96%
	100 Freestyle		1:19.95	108% PB	200 Backstroke	6	2:58.19 116% PB
	200 Freestyle	10	2:44.11	107% PB	50 Butterfly		41.08 107% PB
	50 Backstroke		41.62	100%	100 Butterfly	8	1:31.97 100%
	50 Backstroke		41.80	99%	100 Medley	15	1:26.75 126% PB
100 Backstroke	8	1:26.04	98%				
Stefanía Ósk Halldórsdóttir	18/11/2006	181106-2710					
	50 Freestyle		37.44	92%	50 Breaststroke		43.67 108% PB
	100 Freestyle		1:20.61	94%	100 Breaststroke	6	1:31.76 105% PB
	200 Freestyle		2:46.57	100% PB	50 Butterfly		42.38 97%
	400 Freestyle	10	5:36.86	107% PB	100 Medley	13	1:25.38 105% PB
	50 Backstroke		43.74	99%	200 Medley	7	3:00.55 106% PB
100 Backstroke	13	1:29.71	102% PB				

Birna Hilmarisdóttir	27/09/2002	270902-3240					
	50 Freestyle		32.19	85%	200 Freestyle		2:19.53 101% PB
	50 Freestyle		32.12	85%	400 Freestyle	6	4:41.28 105% PB
	50 Freestyle		30.84	93%	400 Freestyle		4:44.17 103% PB
	50 Freestyle		29.62	101% PB	800 Freestyle	3	9:28.62 104% PB
	100 Freestyle	7	1:02.01	109% PB	50 Breaststroke		40.48 102% PB
	100 Freestyle		1:07.57	92%	100 Breaststroke		1:28.09 107% PB
	100 Freestyle		1:07.25	93%	200 Breaststroke	9	3:05.98 109% PB
	100 Freestyle		1:05.80	97%	50 Butterfly		34.02 112% PB
	200 Freestyle	5	2:13.73	110% PB	100 Butterfly	10	1:14.34 127% PB
200 Freestyle		2:19.55	101% PB				
Diljá Rún Ívarsdóttir	01/04/2002	010402-2470					
	50 Backstroke		36.03	93%	50 Butterfly		32.01 102% PB
	50 Backstroke		37.27	87%	50 Butterfly		33.63 93%
	100 Backstroke	9	1:14.10	95%	100 Butterfly	6	1:09.80 103% PB
	100 Backstroke		1:17.23	87%	100 Butterfly		1:11.74 98%
	200 Backstroke	6	2:37.98	93%	200 Butterfly	3	2:32.08 105% PB
50 Butterfly		32.56	99%	200 Medley	8	2:35.77 97%	
Elísabet Jóhannesdóttir	12/12/2006	121206-3070					
	50 Backstroke		39.59	113% PB	50 Butterfly		39.86 110% PB
	50 Backstroke		40.44	108% PB	50 Butterfly		39.27 114% PB
	100 Backstroke	4	1:22.25	113% PB	100 Butterfly	3	1:25.71 106% PB
	100 Backstroke		1:25.10	106% PB	100 Medley	12	1:24.73 106% PB
200 Backstroke	2	2:54.74	104% PB	200 Medley	4	2:57.82 109% PB	
Eydís Ósk Kolbeinsdóttir	12/10/2000	121000-2960					
	50 Freestyle		30.97	80%	200 Freestyle		2:15.59 87%
	50 Freestyle		30.82	80%	400 Freestyle	1	4:25.45 95%
	50 Freestyle		29.27	89%	400 Freestyle		4:35.66 89%
	50 Freestyle		28.14	96%	800 Freestyle	1	9:12.11 94%
	100 Freestyle	3	59.13	100% PB	50 Backstroke		32.69 90%
	100 Freestyle		1:05.28	82%	100 Backstroke	RL	1:08.10 93%
	100 Freestyle		1:04.91	83%	50 Butterfly		30.85 95%
	100 Freestyle		1:01.38	93%	100 Butterfly		1:07.36 101% PB
	200 Freestyle	1	2:05.95	101% PB	100 Butterfly	4	1:06.69 103% PB
200 Freestyle		2:14.04	89%	400 Medley	1	4:59.68 97%	
Rebekka Rós Magnadóttir	26/05/2007	260507-2650					
	50 Freestyle		43.25	101% PB	100 Backstroke	22	1:46.82 106% PB
	100 Freestyle		1:33.97	100% PB	50 Butterfly		45.28 115% PB
	200 Freestyle	35	3:18.81	98%	100 Butterfly	10	1:41.00 118% PB
50 Backstroke		52.65	98%				
Birta Líf Ólafsdóttir	05/04/2002	050402-3390					
	50 Freestyle		34.55	96%	100 Breaststroke	23	1:33.88 103% PB
	50 Freestyle		35.29	92%	50 Butterfly		37.01 97%
	100 Freestyle	35	1:11.20	104% PB	50 Butterfly		36.20 101% PB
	100 Freestyle		1:14.57	94%	100 Butterfly	16	1:18.50 99%
	200 Freestyle	24	2:33.99	103% PB	200 Medley	25	2:52.97 101% PB
50 Breaststroke		44.91	102% PB				
Kolbrún Eva Pálmadóttir	27/04/2002	270402-3480					
	50 Freestyle		33.55	90%	50 Breaststroke		43.36 85%
	100 Freestyle	28	1:08.68	91%	50 Breaststroke		42.85 87%
	50 Backstroke		38.83	95%	100 Breaststroke		1:32.22 84%
	50 Backstroke		39.92	89%	100 Breaststroke	21	1:32.04 85%
	100 Backstroke	16	1:19.99	93%	200 Breaststroke	14	3:13.13 83%
	100 Backstroke		1:22.57	87%	50 Butterfly		38.69 85%
	200 Backstroke	13	2:50.75	94%	200 Medley	26	2:53.85 86%
Hafdís Eva Pálsdóttir	03/03/2004	030304-2760					
	50 Freestyle		31.34	110% PB	200 Backstroke	3	2:37.08 106% PB
	100 Freestyle	8	1:06.30	114% PB	50 Breaststroke		40.30 107% PB
	50 Backstroke		35.39	96%	50 Breaststroke		41.50 101% PB
	50 Backstroke		35.81	94%	100 Breaststroke		1:28.58 100% PB
	50 Backstroke		35.37	96%	100 Breaststroke	4	1:25.68 107% PB
	100 Backstroke	RL	1:13.97	102% PB	200 Breaststroke	7	3:04.02 108% PB
	100 Backstroke		1:15.72	98%	100 Butterfly		1:20.02 108% PB
	100 Backstroke	4	1:13.89	103% PB	400 Medley	6	5:38.49 113% PB

Ásta Kamilla Sigurðardóttir		23/02/2004	230204-2760				
50 Freestyle			32.59	90%	100 Backstroke	8	1:18.47 100% PB
50 Freestyle			33.87	83%	50 Breaststroke		44.26 100% PB
100 Freestyle	13	1:08.46	95%		100 Breaststroke	10	1:31.54 105% PB
100 Freestyle		1:12.04	86%		50 Butterfly		35.41 99%
200 Freestyle	15	2:27.11	103% PB		100 Butterfly	6	1:16.96 104% PB
50 Backstroke		37.49	103% PB				
Stefanía Sigurþórsdóttir		31/01/2001	310101-3460				
50 Freestyle			29.19	94%	50 Breaststroke		36.68 98%
100 Freestyle	RL	1:00.38	100%		100 Breaststroke		1:20.09 94%
50 Backstroke		34.25	96%		100 Breaststroke	3	1:18.11 99%
50 Backstroke		33.56	100%		200 Breaststroke	3	2:47.00 95%
100 Backstroke		1:11.44	92%		50 Butterfly		31.76 102% PB
100 Backstroke	3	1:08.95	98%		100 Butterfly		1:13.26 98%
200 Backstroke	1	2:26.03	94%		200 Medley	3	2:25.47 97%
50 Breaststroke		37.48	94%		400 Medley	4	5:19.07 91%
Athena Líf Þrastardóttir		24/07/2007	240707-2410				
50 Freestyle			37.08	104% PB	100 Backstroke	11	1:29.15 102% PB
50 Freestyle			38.18	98%	100 Backstroke		1:34.47 91%
100 Freestyle	12	1:17.47	116% PB		200 Backstroke	10	3:09.79 98%
100 Freestyle		1:22.99	101% PB		50 Butterfly		43.47 100%
200 Freestyle	19	2:53.32	112% PB		100 Butterfly	9	1:33.40 105% PB
50 Backstroke		43.42	105% PB		100 Medley	23	1:31.55 101% PB
50 Backstroke		45.14	97%				
4 x 50 Freestyle	:	Thelma Lind Einarsdóttir	05	Rebekka Marín Arngeldsdóttir	05	1	2:08.32 CR
		Bergþóra Sif Árnadóttir	05	Eva Margrét Falsdóttir	05		
4 x 100 Freestyle	:	Stefanía Sigurþórsdóttir	01	Birna Hilmarsdóttir	02	2	4:05.23
		Eydís Ósk Kolbeinsdóttir	00	Gunnhildur Björg Baldursdóttir	00		
		Sólveig María Baldursdóttir	04	Guðný Birna Falsdóttir	03	3	4:28.05
		Eva Margrét Falsdóttir	05	Ásta Kamilla Sigurðardóttir	04		
4 x 50 Medley	:	Thelma Lind Einarsdóttir	05	Eva Margrét Falsdóttir	05	1	2:25.72
		Stefanía Ósk Halldórsdóttir	06	Bergþóra Sif Árnadóttir	05		
4 x 100 Medley	:	Eydís Ósk Kolbeinsdóttir	00	Gunnhildur Björg Baldursdóttir	00	2	4:36.41
		Stefanía Sigurþórsdóttir	01	Birna Hilmarsdóttir	02		
		Hafís Eva Pálsdóttir	04	Sólveig María Baldursdóttir	04	2	4:49.74
		Eva Margrét Falsdóttir	05	Guðný Birna Falsdóttir	03		

Total 358 individual results, average performance: 100.3%

1 new record(s), 186 new personal best(s)

Biggest improvement: Eva Margrét Falsdóttir, 800 Freestyle 10:13.23